

Erectile Dysfunction and Diabetes



If you have a problem
please do not hesitate to contact

Your own GP
Diabetes Team

ERECTILE DYSFUNCTION AND DIABETES

The definition of erectile dysfunction is 'the inability to obtain and/or maintain an erection sufficient for sexual activity'.

If you have erectile dysfunction it is possible that this may be related to diabetes.

Erectile dysfunction is common and can be often due to physical and psychological causes such as:-

- Heart disease
- Raised cholesterol
- Raised blood pressure
- Depression
- Stress
- Relationship problems
- The side effects of drugs
- Smoking
- Hormonal imbalance
- Overweight
- Excess alcohol

TREATMENT

If the cause of the erectile dysfunction is thought to be anxiety then psychotherapy may be offered.

If there is a physical reason, then patients are likely to return to normal sexual function with the help of medication or surgery. These may include:-

- Vacuum devices
- Viagra
- Injection therapy
- Hormone replacement therapy
- Penile prosthesis

If you would like to know more about this subject, please contact a member of your Diabetes Team.